

SENIOR VILLAGE SUPPLEMENTAL PACKING LIST

As the Senior Village Program adds the unique element of a four-day, three-night trip, there are several additional items that will help make the camper's time out on the trail better. This is a general supplemental list in order that each camper is prepared for any of the exciting trips offered in Senior Village. Since there is limited space on each trip, some campers may not receive their first choice. Other gear items will be provided by Camp. Any other trip-specific items campers may have are welcome (i.e. own backpack, utensils, etc...). Please do not bring any electronic devices.

CLOTHING

Clothing should fit comfortably without being restrictive to movement, provide warmth, be functional, be able to get dirty, and stay in place.

- 1 Warm Fleece Jacket (or non-cotton jacket)
- 1 Pair of fleece or warm non-cotton Pants
- 1 Complete Set of non-cotton Long Underwear – Top and Bottom
- 1-2 Sports Bras
- 1 Pair Comfortable Shorts – Nylon or Quick-Dry Material
- 2 Pair Closed-Toe Shoes (one with Ankle Support)
- 1 Pair Water Shoes (closed-toe or with straps which will keep shoes on feet. Flip-flops are not allowed)
- 1 Warm Hat
- 1 Bathing Suit or Trunks
- Non-cotton Socks – a few pair of wool blend is a bonus in case of cold weather
- Raingear (required!)– Preferably a rain jacket and rain pants; ponchos provide less coverage
- Bandana

GEAR

- 1 Flashlight (or headlamp) with Spare Batteries
- 2 Water Bottles (can be purchased at Camp though supplies are limited) – *campers must carry two liters of drinking water with them on trail. If, at the time of departure, a camper does not have two liters of water (whether by water bottles, camelback, or a combination thereof), s/he will be required to purchase the necessary bottles at the Trading Post.*
- 1 Sleeping Bag with Stuff Sack
- 1 Sleeping Pad - Foam or Inflatable
- 1 or 2 large leaf & lawn garbage bags
- 25' nylon cord (1.5 – 5mm) or similar size rope
- 2 small bungee cords

PERSONAL ITEMS

- 1 Bottle of Sunscreen – Waterproof
- 1 Bottle of Bug Repellent – Not Aerosol
- Spare Toothbrush
- Small Tube of Toothpaste
- Sunglasses (with Case and Side Straps)

MISCELLANEOUS

- Cards
- Book